



# CALVERLEY PARKSIDE

## **Anti-Bullying Policy**

**January 2024**

## Anti-Bullying Policy

Our children have been involved in the creation of this policy and their additions have been included in blue.

At Calverley Parkside Primary School we are committed to providing a caring, friendly and safe environment for all our pupils so that they can learn in a secure atmosphere. Bullying of any kind is unacceptable at our school. If bullying does occur, all pupils should be able to tell someone and know that incidents will be dealt with promptly and effectively. We work diligently to resolve any reported incidents in bullying, but also work compassionately to support those who are bullying others.

We have a clear behaviour policy in school which is built around mutual respect and the values of being ready, being respectful and being responsible. We will support both the victim of bullying and the child who is bullying.

We are a TELLING school. This means that anybody who is aware that bullying may be happening is expected to tell a member of staff [or another child you trust](#). Our shared and understood approach is...

### **See something, say something.**

#### **Aim of the policy**

- All governors, teaching and non-teaching staff, students and parents should have an understanding of what bullying is.
- All governors, teaching and non-teaching staff should know what the school's policy is on bullying and follow it when bullying is reported.
- All students and parents should know what the school's policy is on bullying and what they should do if bullying arises.
- As a school we take bullying seriously. Students and parents should be assured that they will be supported when bullying is reported.
- Bullying will not be tolerated.

#### **What is bullying?**

We define bullying as the use of repeated aggression with the intention of hurting another person – either physically or emotionally. Bullying results in pain and distress to the victim. Bullying can often involve an imbalance of power.

We use the acronym **STOP** to help us to remember that bullying is something which happens...

### **Several Times On Purpose**

#### **Bullying can be, but is not limited to:**

- **Emotional** - being unfriendly, excluding, tormenting (e.g. hiding books, threatening gestures), [telling a secret after someone has confided in you](#)
- **Physical** - pushing, kicking, hitting, punching or any use of violence
- **Verbal** - name-calling, sarcasm, spreading rumours, teasing, [making threats, saying unkind things behind someone's back](#)
- **Racial** - racial taunts, graffiti, gestures
- **Sexual** - unwanted physical contact or sexually abusive comments
- **Homophobic** - because of, or focussing on the issue of sexuality
- **Transgender** - name calling or abuse due to a young person's sexual orientation or those who may be perceived to be bisexual, or transgender or questioning their gender

- **Online/cyber** - All areas of the internet, such as email and internet chat room misuse. Mobile threats by text messaging and calls. Misuse of associated technology, i.e. camera and video facilities. See our separate policy on cyberbullying.  
Bullies sometimes want followers, not friends. People may follow them because they do not want to be bullied themselves. Peer pressure can also be a factor.

### Why is it important to Respond to Bullying?

- Bullying hurts
- No one deserves to be a victim of bullying
- Everybody has the right to be treated with respect
- Pupils who are bullying need to learn different ways of behaving
- Schools have a responsibility to respond promptly and effectively to issues related to bullying

### Proactive, preventative measures:

Calverley Parkside invests in prevention; we aim to develop well-rounded individuals in school and have in place a number of measures to prevent bullying from occurring:

- Learning Mentor
- Anti-Bullying Week
- Health and Safety/ Well-being days
- Regular PSHE
- Restorative Practice
- Friendship Ambassadors
- On-line awareness lessons and clear monitoring of the use of technology to prevent cyberbullying.
- Regular 'check-ins' for vulnerable or monitored children. Don't just accept the child's first response- they may be telling you they are OK when they aren't.

Remember to report any incidents of suspected bullying. It is important to stand up for yourself but don't fight fire with fire.

### Signs and Indicators of Bullying

A child may indicate by signs or behaviour that he or she is being bullied. Adults should be aware of these possible signs and that they should investigate if a child:

- is frightened of walking to or from school
- begs to be driven to school
- changes their usual routine
- is unwilling to go to school
- becomes withdrawn anxious, or lacking in confidence
- cries themselves to sleep at night or has nightmares
- feels ill in the morning
- begins to do poorly in school work
- has possessions which are damaged or "go missing"
- asks for money or starts stealing money (to pay bully)
- has unexplained cuts or bruises
- becomes aggressive, disruptive or unreasonable
- is bullying other children or siblings
- stops eating
- is frightened to say what's wrong
- gives improbable excuses for any of the above
- is afraid to use the internet or mobile phone
- is nervous and jumpy when an online message is received
- is avoiding certain people
- has nobody to play with or sit with at break and lunch times

These signs and behaviours could indicate other problems, but bullying should be considered a possibility and should be investigated.

It is vital that parents are aware of our policy and that they too take responsibility for keeping school informed.

## **Calverley Parkside Primary School procedure for dealing with incidents of Bullying:**

- If bullying is suspected or reported, the incident will be dealt with immediately by the member of staff who has been approached. In all cases, this will be recorded by staff on CPOMS.
- After dealing with or being made aware of an incident, class teachers will follow up on a regular basis to check that the situation has been resolved and that there have been no further incidents. [Lunchtime supervisors will also be made aware of the situation.](#)
- If a problem persists, or in cases of serious bullying, the Headteacher or Deputy Headteacher will interview all concerned and record the incident. Parents of all involved parties will be contacted to make them aware of the situation and to invite them into school to discuss the problem.
- All bullying behaviour must be responded to and stopped immediately.
- Every effort will be made to help the bully (bullies) change their behaviour. [Additional systems may be required, for example, individual behaviour charts.](#)

### **Pupils who have been bullied will be supported by:**

- Offering an immediate opportunity to discuss the experience with a member of staff of their choice.
- Reassurance and explanation as to why the action of the bully was wrong.
- Offering continuous support.
- The offer of sessions with the school's Learning Mentor to restore self-esteem and confidence.

### **Pupils who have bullied will be helped by a restorative approach, in line with our school behaviour policy, including:**

- Discussing what happened.
- Asking what they were thinking at the time of the incident(s). [Ask them why they did it. Ask them if they are OK and if there is anything happening which they would like to talk about.](#)
- Asking how they thought it made the other person/ people feel and how it affected them.
- Asking what could be done now to improve the situation.
- Asking about what could be done differently in the future.
- [The offer of sessions with the school's Learning Mentor- they may need to have an opportunity to discuss how they are feeling.](#)

Further disciplinary actions could be taken if required.

### **Communication:**

The key messages within this policy will be communicated to staff, children and parents via the following means:

- Assemblies
- Staff meetings
- School website
- PSHE lessons
- Theme weeks
- School ethos and values
- Posters around school
- School Council meetings

### **Involving Parents**

Your child may not tell you that he or she is being bullied. If you suspect that it is happening, look out for the signs (see checklist above). If your child tells you they are being bullied:

- Keep calm
- Praise your child for telling you and reassure them that they have done the right thing letting you know what is happening
- Let school know. Make sure that school know whether or not you have told your child that you are speaking to school

### **Points of contact:**

You may speak directly with the class teacher to report instances of bullying, or report to a staff member listed below. Our school has an experienced and approachable team, who are available if any children have issues to discuss:

Mr Steele (Executive Headteacher)  
Mr Jolley (Head of School)  
Mrs Stark (Learning Mentor)  
Mrs Lucy Larkin (Assistant Headteacher)  
Miss Claire O'Connell (EYFS Leader)

### **Monitoring Potential Bullying at Calverley Parkside**

At Calverley Parkside, we recognise the importance of ensuring consistency of approach and action throughout the school, and therefore all staff who are involved in dealing with incidents of bullying, either as a reporting adult, class teacher, Key Stage Leader or Headteacher, are required to record instances of bullying on CPOMS. The record should give a brief summary of the incident and the action taken.

**Cyberbullying and Online Bullying- see separate policy for more information.**

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**Review: January 2026**

**Reviewed by: C.Jolley and A.Steele**